

# Adriana Medina

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Mexico City, 1981  
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## Education

- 2001 - 2005 Bachelor's degree in Communication | Universidad Iberoamericana | Mexico City
- 2001 - present Clown training with Danielle Finzi, Alex Navarro, Caroline Dream, Artús Chávez, Nohemí Espinosa, Andrés Aguilar, Darina Robles, Cecilia Noreña, among others | Mexico City
- 2003 - present Voice and singing training with Hebe Rossell, Enrique Pardo, Linda Wise (Roy Hart Technique) Ulrica Loredana De Georgio (Solevoci), Fides Krucker, Israel Martínez (Alexander Technique) | Mexico, Italy, France
- 2021 - present *Pantheatre: Voice Performance, Choreographic Theatre, and Cultural Studies* (online seminars, Master Classes, and onsite laboratories) | Paris, Malérargues
- 2001 - 2008 *Clown and Theatre workshops at Universidad Iberoamericana, Centro Cultural Helénico, Centro Cultural del Bosque (INBA), Risaterapia A.C.* | Mexico City
- 1985 - 2000 *Colegio Moderno Americano* | 100% Bilingual education | Mexico City

## Certifications and Trainings

- 2025 *Voz + Rasas* | Acting training with Kennedy Brown (Los Ángeles) | Mexico City
- 2023 - 2024 *Pantheatre's Myth and Theatre Festival* | Roy Hart International Centre | Malérargues | France
- 2023 Voice Performance and body training | *3rd International Vocal Alchemy Convention* | *Fonoteca Nacional* | Mexico City
- 2021 Voice Performance and body training | *1st International Vocal Alchemy Convention* | CENART | Mexico City
- 2016 - present Qi Gong training and Healing Tao with Yolanda Kelly
- 2013 - present Dance and movement training
- 2012 Certified Yoga Teacher | *Purno Ham Yoga y Sanación - American Yoga Foundation* | Mexico City
- 2009 - 2011 Certified Reiki Healer | *Usui Shiki Ryoho* | Mexico City
- 2003 - present International voice and singing training

## Grants

- 2020-25 *American World Jewish Service (headquarters in New York City)* | 5 year international grant to *Yo S oY Semilla* for the project '*Nationwide Strategic Communication Workshops through Clowning Art, in collaboration with Impacto Social Metropolitan Group*' | Various cities and communities across Mexico

## Founder and Member

- 2020 - present Founder and Artistic Director of the interdisciplinary Clown project *Bee Infinite*
- 2018 - present Co-founder, artist, and co-director of the Clown Company *Yo S oY Semilla*
- 2017 - 2018 Member of *Red de Payasas Mexicanas* (Mexican Female Clown Network)
- 2004 - 2005 Co-founder and artist of the Urban Collective Performance Group *Los Destos de la Desta* | Mexico City

## Teaching and Guest Speaker

- 2025-24 '*Infinite Possibilities in Performative Arts*' Clown workshop in field trip to Mexico City | BFA students | Cornell University | Ithaca, New York
- 2025 '*Buscar sin miedo*' | Clown and Strategic Communication workshop | *Metropolitan Group* and *Amnesty International* | Mexico City
- 2024 '*Lineages of Joy*' | Clown workshop as part of '*Sacred Art Retreat*' | *Institute of Devotional Arts* | Barcelona, Spain.
- 2024 '*Climate Justice in Río Blanco, Honduras*' co-facilitator and Clownference 'We are Stars!' | *Women's Link Worldwide, COPINH, Mycelium Lab* | Honduras

- 2024 'Diálogos Intergeneracionales' co-facilitator and Clown activation | *Ford Foundation* and *Open Society Foundation* | Mexico City
- 2023 'Laboratory Humor & Human Rights' guest speaker and participant | *Padova University* | Italy
- 2023 'Democracy and Gender Alliance Week' guest speaker on Clown & Activism | *Ollin*, *Red Dot Foundation*, and *Pauta* | *UNAM*, Mexico City
- 2023 *Studio Visits infused with Clowning* | BFA students | *Cornell University* | Ithaca, New York
- 2022 - 2023 - Workshops 'Ridi e Canta' Clown and Gospel workshop in collaboration with artist *Ulrica Loredana Di Giorgio* | Italy
- 'Vocal and body work as artistic practice' | 'Clowning and Performative Arts' workshops | Guest Teacher | BFA students | *Prof. Emilio Rojas* | *Cornell University* | Ithaca, New York
- 'Vocal and body work as artistic practice' | 'Clowning and Performative Arts' workshops | Guest Teacher | MFA and BFA students | *Prof. Emilio Rojas* | *Parsons The New School* | New York
- 2022 - 'The Body Speaks of Love' Workshop on lineage connection through body and voice | *Acapulco*, México
- 2020 - present 'Strategic Communication Workshops through Clowning Art' | *Yo S oY Semilla* with *American World Jewish Service* and *Impacto Social Metropolitan Group* | different cities across Mexico and Central America
- 2020 - present Clown workshops with children from agro-ecological communities and Clown workshop for young farmers | *Las Cañadas*, *Bosque de Niebla* | *Veracruz*, Mexico
- 2019 *The Creative Voice* | Voice and movement workshops | *Veracruz*, Mexico  
| *ConcentrArte A.C.* | Mexico City
- The Self's Transformation* | Clown workshop | *Yo S oY Semilla* with *Las Cañadas*, *Bosque de Niebla A.C.* | *Veracruz*, Mexico
- 2018 International Clown Symposium with Mexican Female Clown Network (*Red de Payasas Mexicanas*) | *Centro Cultural Helénico* | Mexico City
- 2016 *Salón Abierto, Borrando fronteras* | Selection Jury | *CENART* | Mexico City
- 2015 Co-teaching *Salón Abierto* with artist *Dora Juárez Kiczkovsky* | *CENART* | Mexico City
- 2013 - present Private lessons: voice, movement, and Clown | Mexico City
- 2012 *Discover Your Inner Grace* | *Yoga & Clown* workshop | *Purno Ham Yoga* | Mexico City
- 2009 - 2010 Clowning and Circus Reads teacher | *CircEsteem* | Chicago, USA
- 2009 Drama teacher (taught in English) | Middle school | *Colegio Green Hills* | Mexico City
- 2008 Clown workshop | *Radio Educación* | Mexico City
- 2007 - 2008 Middle School Theatre Workshop | *Colegio Tomás Alba Edison* | Mexico City
- 2007 *Clown Workshop For Actors* with artist *Hebe Rosell* | *Casa del Teatro* | Mexico City
- 2005 - 2006 After School integration and communication workshops | Primary School | *Colegio Vista Hermosa* | Mexico City
- 2003 *Summer Circus Workshops For Kids* | *CENART* | Mexico City
- 2003 - 2008 Nationwide *Clown Doctor* trainer and facilitator | *Risaterapia, A. C.* | Mexico

### Artistic Network Design

- 2023 - International Network Design and implementation of interdisciplinary global models | *Pantheatre: Voice Performance, Choreographic Theatre, and Cultural Studies* | Headquarters in Paris
- 2018 - present *Strategic Communication For Social Change Through Arts* | Design and implementation of nationwide model | *Impacto Social Metropolitan Group* | Mexico
- 2003 - 2006 Nationwide Pedagogical design for workshops to train *Clown Doctors* | *Risaterapia, A. C.* | Mexico

### Clowning and Performances

- 2025 - 'Obsidian Meditations' | *Yoko Ono's 92th birthday 'A Dream You Dream'* | invited artist by *Emilio Rojas* | *Park Avenue Armory* | New York
- 2025 - 'Obsidian Meditations' | *The Sophai Club* by *Aeon Magazine* | invited artist by *Emilio Rojas* | *The Center For Fiction* | Brooklyn, New York
- 2024 - 'I Give Myself Completely to Life' | Performance piece for *Pantheatre International* | *Malerargues*, France

- 2024 - 'Clownference: We Are Stars!' | Show, conference | Milan, Italy
- 2024 - 'Clownference: We Are Stars!' | Show, conference, and community circle |  
| *Bee Infinite with DIF, Campeche*  
| Río Blanco, Honduras
- 2024 - Clown show 'Micorrizas' | *Yo S oY Semilla* with *DIF* | Mexico City
- 2023 - Clown show 'Micorrizas' | *Vabieka International Fest 2023* | Puebla, Mexico
- 2022 - 'Clownference: We Are Stars!' | Show, conference, and community circle | *El Desastre, Librería* | Mexico City  
- Clown show 'The Heart's Voice' | *Yo S oY Semilla* with *Universidad Autónoma Metropolitana* | Mexico City  
- Clown show 'Micorrizas' and Clown workshops for farmer kids and teenagers | *Yo S oY Semilla* with *Las Cañadas, Bosque de Niebla A.C.* | Veracruz, Mexico  
- Clown show 'Micorrizas' and community circle | *Yo S oY Semilla* with *Working Group for Migration Policies (GTPM)* | Mexico City  
- Clown show 'Micorrizas' | *Yo S oY Semilla* with *Colaboratoria - Rexistir: Annual Nationwide NGO's Reunion* | Mexico City  
| *Yo S oY Semilla* with *Bibliotecando, Lucha Libris* | Mexico City  
| *Yo S oY Semilla* with *Nuestro Huerto C.S.A.*  
| *Yo S oY Semilla* with *Universidad Autónoma Metropolitana* | Mexico City  
| *Yo S oY Semilla* with *Colegio Great Union* | Mexico City
- 2020 - 2025 Clown video sketches | Pedagogical material for workshops and conventions on Strategic Communication | *Yo S oY Semilla* with *Impacto Social Metropolitan Group* | Mexico
- 2020 Director and co-writer 'The Forest's song' | children and young farmers from agro ecological communities | *Las Cañadas, Bosque de Niebla* | Veracruz, Mexico
- 2019 - 'The Heart's Voice' | Sonic performance and Clown show as part of 'Word's in Common' | *Yo S oY Semilla* with *Fundación Centro Histórico* and *Impacto Social Metropolitan Group* | Network collaboration with 117 NGO's | Mexico  
- Vocal performance 'Soil' | *Yo S oY Semilla* with *Amnesty International*  
- Clown Performance 'Migrant girls' | *Yo S oY Semilla* with *Fondo Semillas, mujeres sembrando igualdad (Seed's Fund, Women Sowing Equality)* | Mexico City  
- Clown act 'The Transgenic Zucchini' | *Yo S oY Semilla* with *Colaboratoria: Annual Nationwide NGO's Reunion* | Mexico City  
- Clown show 'In the Beginning There Was Nothing' | *Yo S oY Semilla* with *Las Cañadas, Bosque de Niebla A.C.* | Veracruz, Mexico
- 2017 - 2019 Clown acts at Clown Varietés with *Red de Payasas Mexicanas* (Mexican Female Clown Network) | *I Love Myself* and *Cracovia 32* | Mexico City
- 2018 Clown character in Shakespeare's 'Anthony and Cleopatra' | *Teatro El Milagro* | Mexico City
- 2014 Clown character for Natalia Lafourcade's music video | Song *En el 2000* | International tour 2014 - 2015
- 2010 Clown acts | Teenager's detention centers | Mexico City
- 2009 - Performance *Get Happy* | with *500 Clowns, Clown Company* | Chicago, USA  
- Clown performance | *A Christmas Carol* movie release | Disney | Chicago, USA  
- Clown performance and fashion show | *Fashion Week Mexico* in collaboration with *Fundación Ellen West*
- 2008 - Director and Clown character in 'Visual Haikus' | Book release by artist Martha Rivapalacio | Mexico City  
- Assistant director for Clown show | 'El Desafortunado caso de Tai Xi y Te Xai' | *Centro Cultural Helénico* | Mexico City  
- Clown show 'Fairies' | *TELCEL* | Mexico City  
- Clown show 'Merri Krismas Clau' | *Pro niños de la Calle* and *INHUMYC* | Mexico City
- 2007 - 2008 Clown show 'Miss Understood' | *AEMI International Clown Festival* | Hángzhōu, China  
| *Zapopún Cultural Festival* | Guadalajara, México  
| *Rodará International Circus Festival* | Puebla, México

2006 Clown show '*Camarón que se duerme, no vio al payaso.*' | various homeless shelters for children  
| Mexico City

2004 Performance pieces | *Los Destos de la Desta* | Mexico City

2003 - 2008 Clown Doctor | *Risaterapia, A. C.* | Hospitals and nursing homes across Mexico

2002 - Clown show | Cultural Festival *Fiestas del Fuego* | Santiago de Cuba, Cuba